

Angling guide



Where to buy your licence

Støren:

Støren Camping
Vårvolden Camping
Gaula Natursenter

Internett:

Inatur.no

Information about the fishing on the beats of Støren Hunting- and Fishing association (SJFF) for the Fishing- rules:

- * All anglers fishing in one of Støren Hunting- and Fishing Association's fishing preserves must follow the rules given by the Chief Administrative Officer in Sør-Trøndelag County and the Directorate for Nature Management. Be aware that the rules might change during the fishing season due to, for example, low water, or the stock of salmon spawning has not reached its standard of measurement.
- * All fishing is by rod, and only one rod at the time. Only **one** bait per rod is permitted.
- * Kelts and salmon caught, measuring less than 35 cm must be released.
- * Permitted lures / baits: flies, spoons, spinners, plugs & worms. Only biological worms are permitted, excluding artificial worms. 'Lead weights are permitted solely when fishing with worms alone'. When fly-fishing, a floating cast-weight is permitted as an alternative to a fly-line. Plugs with more than one treble hook are not permitted. The maximum permitted gape size, for double and treble hooks, is 13mm, and for single hooks 15mm.
- * Except where specific entry-zones are marked, fishing is commenced at an appropriate distance above the preceding anglers (this distance to be maintained during fishing.) Static fishing is not permitted. Anglers must move a minimum of 2 meters downstream per cast, and conduct themselves in a sportsmanlike manner.
- * **Fiskeravgiftskort (National Fishing Licence) and fishing licence (permit)** must be carried whilst fishing and shown on request. Any violation of SJFF's fishing rules may result in culprits being reported to the police and a fine.
- * Fishing must not be conducted in a way that is likely to result in foul hooking. In periods of low water restrictions on permitted tackle and methods may be imposed. Such restrictions will be notified at the licence outlets and on notices at the riverbank.
- * There is a bag limit of one salmon per fisherman per 24 hours. For a 24-hour licence the bag limit applies for the time the licence is valid. For weekly and season licences the bag limit refers to each calendar day. Fishing must cease when the limit for salmon is reached. Fish caught and released alive do not count as part of the quota.
- * All caught fish, killed or released, must be reported continuously and as soon as possible. The catch report should include Date, name of beat, species, weight, full name of angler, type of tackle/bait and if the fish was killed or released. All catches with the information above will be published on www.gaula.no
- * Scale samples of all killed fish should be taken and delivered to Gaula Natur Senter (tel: +47 72 43 10 65. mail: gaula@gaula.no)

Day quota is 1 salmon, week quota is 2 salmon and season (June, 1 - August, 31) quota is 4 salmon, where of only 1 can be over 80 cm.

Fishing for seatrout and overwintered salmon is not allowed in the Gaula waterway, and should be released back into the river.

A preservation period has been set for all female salmon in July and August, which entails that all female salmon caught in this period should be released back into the river. If in doubt about the gender of a fish, it should be released anyhow.

Fishing gear, waders etc used in another river this season must be disinfected before fishing in Gaula. The same for fishing gear used in rivers abroad. A certificate proving that the gear is disinfected will be brought whilst fishing and shown on request.

Violation of the rules and regulations is punishable; cf. Perpetration can result in a fine, dismissal from fishing, or, in the last instance, a notice being issued to the police. Fishing cannot be resumed until the fine has been paid off.

Lack of proper disinfection, insufficient reporting or breaching of the fishing equipment regulations will result in fines amounting to 4000 NOK.

In case of violation of the quota regulations, a fine of 8000 NOK will be issued. In addition, the fisherman in question will be dismissed from the river, effective for both the current and the subsequent season. This goes for the rivers of Gaula, Orkla, Stjørdalselva, Verdalselva and Skauga collectively.

Failure to submit a shell sample qualifies for a fee of NOK 1000 per missing shell sample.

We would also like to bring to the attention that the use of certain types of fishing equipment may become disallowed during the season, due to low water flow in the river. This especially goes for the use of spoon bait, spinner, wobblers and worm and sinker.

STØREN

ALL
CAMPING
ALONG
THE RIVER
IS STRICTLY
FORBIDDEN!

- **Blå sone:** Støren vald
- **Rød sone:** Stengt for fiske

— **Vei**
- - - **Sti**

- 1 Muren
- 2 Hundåhølen
- 3 Voldsteinan
- 4 Graset
- 5 Jernbanehølen



- 6** Kjelstadstryket
- 7** Bruhølen
- 8** Fluesona
- 9** Presthølen
- 10** Prosten
- 11** Sokna

- A** Voldøyen gård
- B** Vårvolden Camping
- C** Støren Camping

-  Gapahuk
-  Rampe for funksjonshemmede



Støren vald

Støren vald has two parts in the river. The upper part is on both sides of the river from Gaula bridge down to the railway bridge. It contains Prosten, Presthølen and Flyfishing zone. From the railway bridge it follows the east side down to the boarder to the neighbour vald. (Bruhølen and Kjelstadstryket). The lower part is on the west side of the river and runs from the Jernbanehølen and down to the community boarder.

Upper part

prosten

"Prosten" is the upper pool. It is a small, but at special times, a very good pool. It startes directly underneath the Gaula bridge. Prosten is reached at both sides of the river, and is good at lower water level.

Presthølen

"Presthølen" is traditionally being reached from the east side of the river. The upper stream follows a stone ridge on the west side and ends in a longer and deep pool. On the west side there is a dock especially made for wheelchairs. There is also a new fishing shed close to the ramp. The entrance is from Gaula Naturecenter. It is best to use the ramp on middle or low water level.

Please be carefull because the water level can rise very quickly. The east side of Presthølen will then become an island, and it can be really difficult to enter the shore.

Fluesona

"Fluesona" is down stream from Presthølen. All fishing is from the east side of the river, and only with flyfishing rod. It is divided into two areas, Area A and Area B. Area A or "silent" has some big rocks that gives a variety of stream conditions and it makes good fishing spots. Area A is very good on high water level, but you can also fish on lower water. Area B has the main stream that follows the stone ridge on the west side of the river. It is a very good pool on middle and lower water level. On both areas there are fishing shed, that is the starting point of a fishing queue when there are several fishermen present.

Bruhølen

"Bruhølen" has different possibilities for varied fishing and takes place on the east side of the river. Bruhølen is a nice place the whole season and in all levels of water. Especially early fishing in a big river can be really good. In Bruhølen it is best to fish with worm or fishing lures. At the end of the pool it is also recommended with flyfishing. It contains fishing shed.

Kjelstadstryket

"Kjelstadstryket". Further down you will find the "Kjelstadstryket". Here the main stream runs on the west side of the river. No mater water level, it will always contain fish. With the middle to the lower water level you will find ideal places for both fishing lures and flyfishing in the upper part of the pool. It is an advantage that you are familiar with speycast. With higher water level this is also a nice spot for wormfishing. You will find the fish a little bit further down where the speed of the river is lower. It contains a fishing shed.

Please be carefull because the water level can rise very quickly. The east side will then become an island, and it can be really difficult to enter the shore.

Lower part

Jernbanehølen

"Jernbanehølen" (or Verkstedhølen) starts on the outside of the Støren railway garage on the west side of the river. In the upper part there is a backwater. From the backwater follows the deep part of the pool. We can recommend all types of fishing equipment. It contains a fishing shed.

Vollsteinan

"Vollsteinan" is on the lower side of Jernbanehølen. An exciting area that contains a lot of big rocks. It is popular for all types of equipment. It contains a fishing shed, that is the starting point of a fishing queue when there are several fishermen present. Be aware that

"All crossing over the railway north of Støren station must take place by the sign that marks the railroad crossing".

Hundåhølen

"Hundåhølen" is about 200 meters further down. It is a long pool where you can fish with all kinds of fishing equipment. It is best on middle to lower water level.

Sokna

A small pice of "Sokna" is also a part of Støren vald.

STØREN VALD

PRICES OF FISHING LICENCES, IN NOK

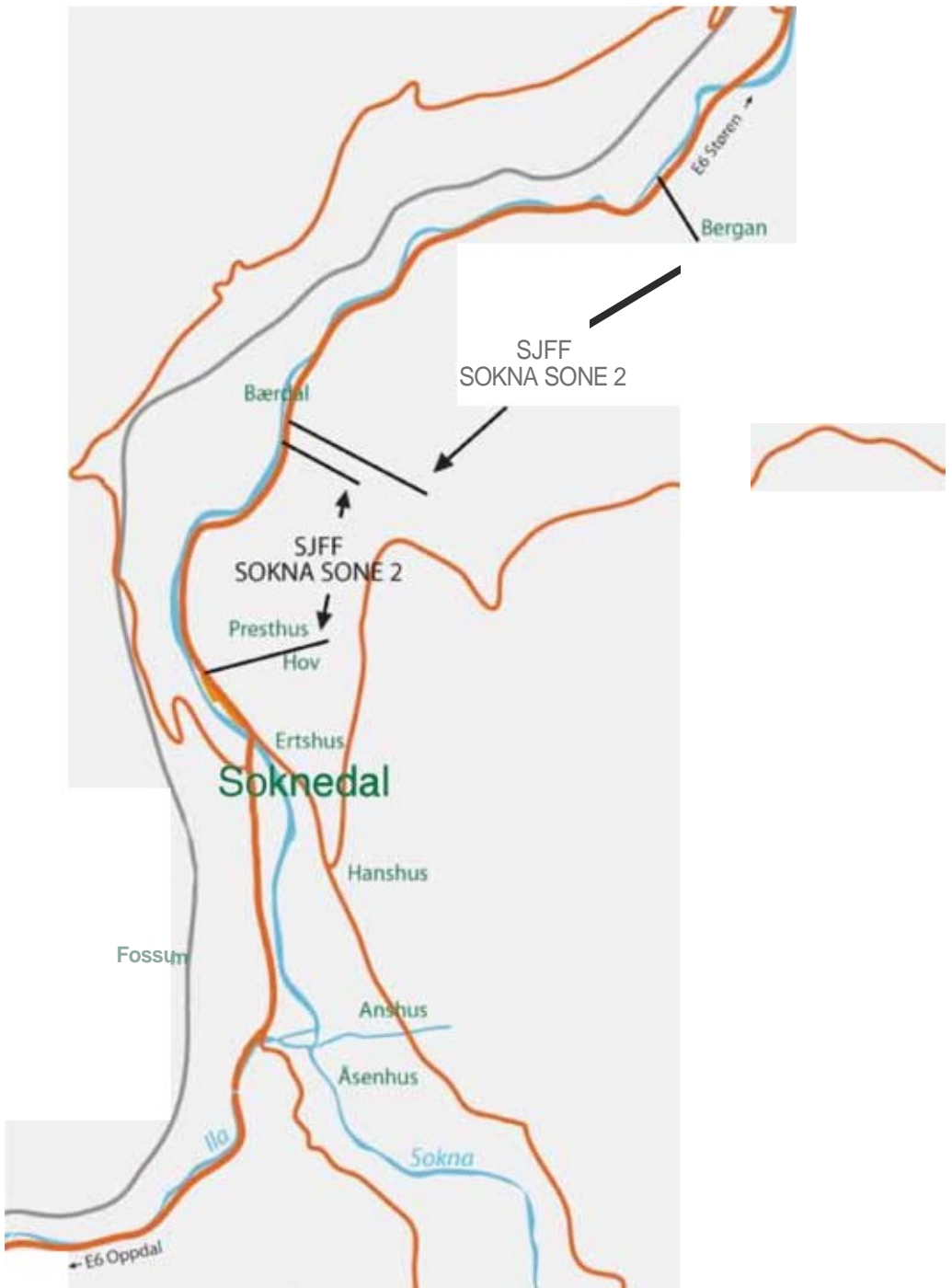
24-hour licence	400
Three-day licence	1000
Weekly licence	2100
Season licence	5000
Season licence seniors	4500

Junior fishing license – for children ages 12 trough 18 years old

Junior season fishing license.	600
Junior 24 hours fishing license.	150

Fishing license for spouses or partners, ONLY FOR SEASON LICENCE.

50 % price reductions of regular season license. Be aware that both fishing license need to be purchased at the same time.



Sokna sone 2

Sokna sone 2

Presthus/Samdal/Wagnild is about 4 km long and is fished from the east side (right bank.) Car parking is available along the E6.

Special rules for the river Sokna and its tributaries.

From the 2019 season light fishing has been introduced automatically when the water level falls below 3m3. Always check water level for measuring point at Hugdal Bridge before fishing starts on the link below.

Water level at Hugdal bridge Hugdal bru

<https://www2.nve.no/h/hd/plotreal/Q/0122.00017.000/>

SOKNA SONE 2

PRICES OF FISHING LICENCES, IN NOK

24-hour licence	350
Three-day licence	900
Weekly licence	1800
Season licence	4500
Season licence seniors	4000

Junior fishing license – for children ages 12 through 18 years old

Junior season fishing license.	600
Junior 24 hours fishing license.	150

Fishing license for spouses or partners, **ONLY FOR SEASON LICENCE.**

50 % price reductions of regular season license. Be aware that both fishing license need to be purchased at the same time.

When accompanied by an adult, children under the age of 12 do not have to pay for a fishing licence. Youths, under the age of 18, pay 50 % of the ordinary price of the licence.

A 24 - hour licence starts at the time that the angler states they want to start fishing.

A 3-day license starts at the time that the angler states, for 3 days. A weekly licence is valid from the time that the angler states, for 7 days.